

# Okanagan Mission Tennis Ball Machine Guide

## How to use the SPINSHOT PLUS-2 Ball Machine

### Getting Started

1. Position the ball machine on the baseline with the feeder pointed directly down the center line
2. Plug the ball machine into one of the electrical outlets located on the back fence of Courts 1-3
3. Press the red power button and wait for the machine to initialize

### Operating the Machine

1. Push play to start the feed, and then the machine will allow you to select a program, change ball setting, and start hitting
2. Pushing the play button again will stop the feed

### Manual Settings

There are a variety of settings to control ball output. Push the button corresponding to the variable you want to change and use the **UP and DOWN** arrows to change its value

1. **Speed:** This affects how fast the ball travels and has a value from 1-20
2. **Feed:** This affects the feed rate and has a value of 1-10.
3. **Spin:** This affects the type and spinrate of the ball. This has a value from -9 to +9. Negative numbers have backspin, 0 is flat and positive values have top spin. Note that higher levels of spin will reduce the speed of the ball

4. **Height:** This affects the launch angle of the ball and has a value of 1-50.
5. **H1-h2:** This is used when in vertical oscillation mode. This lets you set different height levels for two balls.
6. **W1-W2:** This works during any horizontal oscillation mode. This lets you set different width levels for two balls. The values range from 1 to 20. 1 being far corner and 20 being the opposite corner

### **Useful Modes**

I would recommend most players use the 2-LINE function. This sends a ball to two different preset locations on the court and is great for practicing forehands and backhands. Placement of these alternating shots can be defined by using the w1-w2 button.

You can further vary the 2-LINE function by pushing the VERTICAL button for two different preset heights that apply to your 2-LINE drill.

### **Remote Watch**

The machine comes with a remote watch that is to be strapped onto the handle in between use. A long click (2 seconds) of the green button will start and stop the machine and a short click will change the selected preset drill.

### **Preset Drills List**

There are 12 preset drills 1. Flat 2. Top Spin 3. Back Spin 4. Backhand 5. Forehand 6. Narrow 2-Line 7. Wide 2-Line 8. Lob 9. Net to Baseline 10. Random Horizontal 11. Random Height 12. Full Random